

Social Relationship Coping Efficacy Scale (SRCE)

This survey contains many things that a person might do during and after cancer treatment. We are interested in how confident you are that you can do those things. Be sure your ratings are about your confidence even if you have not done it in the past. So, your ratings are about your confidence that you can do these things now or in the near future.

Please read each item. Then rate that item on how confident you are that you can do that behavior. Circle a number on the scale. If you circle a “9” you are totally confident that you can do that behavior. If you circle a “1” you are not at all confident that you can do that behavior. Numbers in the middle mean that you are somewhat confident that you can do that behavior. Be sure your ratings reflect your confidence even if you have not done it in the past.

Please rate all items. If you are not sure about an item please rate it as best you can.

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|---|-------------------------|---|---|---|---|---|---|---|---|---|-------------------------|----------------------|
| 1. Doing my part to maintain close relationships | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 2. Managing stress in my relationships | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 3. Asking for help when I need it | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 4. Seeking emotional support from others | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 5. Coping with stress in my close relationships | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 6. Doing my part to help family members accept/understand my diagnosis | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 7. Doing my part to help my friends accept/understand my diagnosis | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 8. Adjusting to the ways cancer affects my family | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 9. Coping with the ways that cancer affects my personal relationships | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |
| 10. Managing conflict with those closest to me | NOT AT ALL
CONFIDENT | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | MODERATELY
CONFIDENT | TOTALLY
CONFIDENT |

SCORING: Sum the ratings of items

Mean 71.67 SD. 16.36 N=151 persons with a diagnosis of cancer

Merluzzi, T.V., Serpentine, S., Philip, E.J., Yang, M., Salamanca-Balen, N., Heitzmann, C.A., & Catarinella, A. (2019). Social Relationship Coping Efficacy: A new construct in understanding social support and well-being in persons with cancer. *Psycho-Oncology*, 28, 85-91.doi:10.1002/pon.4913