**CANCER BEHAVIOR INVENTORY (CBI-B V2.0-12)**

This survey contains many things that a person might do during and after cancer treatment. We are interested in how confident you are that you can do those things. Be sure your ratings are about your confidence even if you have not done it in the past. So, your ratings are about your confidence that you can do these things now or in the near future.

Please read each item. Then rate that item on how confident you are that you can do that behavior. Circle a number on the scale. If you circle a "9" you are totally confident that you can do that behavior. If you circle a "1" you are not at all confident that you can do that behavior. Numbers in the middle mean that you are somewhat confident that you can do that behavior. Be sure your ratings reflect your confidence even if you have not done it in the past.

Please rate all items. If you are not sure about an item please rate it as best you can.

1. **Maintaining independence**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Maintaining a positive attitude**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1. 2 3 4 5 6 7 8 9

1. **Maintaining a sense of humor**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Expressing feelings about cancer**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Maintaining activities (work, home, hobbies, social)**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Trying to be calm throughout treatments and not letting scary thoughts upset me**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Actively participating in treatment decisions**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Asking physicians questions**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Seeking social support**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Sharing my worries or concerns with others**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Managing nausea and vomiting (whether or not I have had these problems in the past)**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9

1. **Coping with physical changes**

NOT AT ALL MODERATELY TOTALLY

CONFIDENT CONFIDENT CONFIDENT

1 2 3 4 5 6 7 8 9